

RRST-Education

## A Study on Emotional Maturity of College Students

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### Abstract

The Emotional maturity becomes important in the behaviour of individuals. As the students are the pillars of the future generations their Emotional maturity is vital one. So the present study intends to measure the Emotional Maturity of college students. Normative survey method and random sampling technique has been used in the present study. The "Emotional Maturity Scale" standardized by K.M.Roma Pal [5] was used for this study. The result of the study shows that the emotional maturity of college students is extremely unstable.

**Key Words:** Emotional maturity, College Students, Religion and Community.

### Introduction

Emotional maturity defined as, "A process in which the personality is continually striving for greater sense of emotional health, both intra-psychically and intra-personally". In brief emotional maturity can be called as the process of impulse control through the agency of "self" or "ego" [8]

Sivakumar [6] found that the sex, community and the family type they belong did not play any role (no significant difference) in the emotional maturity of the college students. But it is inferred from that the religion the college students belongs to shows significant difference in their emotional maturity.

Arya [2] has found that boys and girls of superior intelligence have better emotional maturity. Superior intelligence boys do well on the emotional maturity than girls of superior intelligence. Residence (urban, semi-urban and rural) does not link with emotional maturity.

Stephen [7] conducted a study related to neuroticism and emotional maturity among college female students and found that the individuals who scored higher neuroticism are having a low level of emotional maturity.

Lohithakshan [4] Emotional instability is an indication of emotional immaturity, as emotionally unstable response is characterized by the lack of agreement between the emotional response and the provoking stimulus.

Gupta and Poonam [3] has found that the characteristics behaviour of the girls is more sober, well-behaved, shy and reserved as compared to boys. Boys behave more openly and are more interested in bold activities.

Aleem and Sheema [1] have found that there is a significant difference between the mean scores of male and female students on emotional stability. Female students are less emotionally stable compared to male students.

Based on the above reviews the investigators also intended to study the emotional maturity of the B.E students Tamil Nadu.

### Need and Importance of the Study

The specific needs for identifying these phenomena of Emotional Maturity as a natural and inevitable essential outcome of student growth and development rather than among pathological symptom. The Emotional maturity becomes important in the behaviour of individuals. As the students are the pillars of the future generations their value pattern of Emotional Maturity are vital. So the present study intends to measure the Emotional Maturity of college students.

### Objectives of the Study

The researcher has framed the following objectives for the present study

1. To study the level of emotional maturity of college students.
2. To study, if there is any significant difference in emotional maturity between the male and female college students.
3. To study, if there is any significant difference in emotional maturity between the college students who belongs to the religion of
  - (i) Hindu and Muslim
  - (ii) Hindu and Christian and
  - (iii) Muslim and Christian
4. To study, if there is any significant difference in emotional maturity between the college students who belongs to the community of
  - (i) OC & BC, OC & MBC, OC & SC/ ST, & BC, MBC, & BC, SC/ST, MBC & SC/ST.
5. To study, if there is any significant difference in emotional maturity between the college students who belongs to.
  - (i) Joint family and nuclear family

**Methodology**

Normative survey method and random sampling method has been used in the present study. The tool "Roma Pal Km Emotional Maturity Scale" used by the researcher for his study. It has been administered to 982 students available at the time of data collection.

**Statistical Techniques**

The following statistical techniques were used in the present study for the analysis of collected data.

- (i) Descriptive Analysis and
- (ii) Differential Analysis

Table 1: Mean, Standard Deviation and The 'T'-Values of the Sub-Samples

S.NO	SUB-SAMPLE	N	MEAN	SD	't'-VALUE	SIGNIFICANCE AT 0.05 LEVEL
1	MALE	458	142.37	20.73	4.39	Significant
	FEMALE	524	142.74	20.19		
2	HINDU	766	140.37	19.27	5.97	Significant
	MUSLIM	114	149.38	21.32		
3	HINDU	766	140.37	19.27	6.40	Significant
	CHRISTIAN	102	151.41	23.75		
4	MUSLIM	114	149.38	21.32	0.51	Not Significant
	CHRISTIAN	102	151.41	23.75		
5	OTHER COMMUNITY	85	154.42	21.69	2.09	Significant
	BACKWARD COMMUNITY	367	145.73	21.39		
6	OTHER COMMUNITY	85	154.42	23.75	6.40	Significant
	MOST BACKWARD COMMUNITY	335	137.51	17.84		
7	OTHER COMMUNITY	85	145.73	21.37	4.61	Significant
	SCHEDULED CASTE/SCHEDULED TRIBE	195	140.15	19.13		
8	BACKWARD COMMUNITY	367	145.73	21.39	6.43	Significant
	MOST BACKWARD COMMUNITY	335	137.51	17.84		
9	BACKWARD COMMUNITY	367	145.73	21.39	4.28	Significant
	SCHEDULED CASTE/SCHEDULED TRIBE	195	140.15	19.13		
10	MOST BACKWARD COMMUNITY	335	137.51	17.84	0.74	Not Significant
	SCHEDULED CASTE/SCHEDULED TRIBE	195	140.15	19.13		
11	JOINT FAMILY	219	142.34	19.26	1.05	Not Significant
	NUCLEAR FAMILY	763	142.62	20.77		
12	ENTIRE SAMPLE	982	142.57	20.43		

**Analysis and Interpretation of the Data**

From the above Table.1 the investigator interprets the following inferences,

1. According to the table 1 the emotional maturity of college students is extremely unstable.
2. There is a significance difference between the pairs of the college students
  - (i) Male and Female students
  - (ii) Hindu and Muslim Students
  - (iii) Hindu and Christian and
  - (iv) Other Community and Backward Community Students
  - (v) Other Community and Most Backward Community Students
  - (vi) Other Community and Scheduled Caste/Scheduled Tribe Students.
  - (vii) Backward community and Most Backward Community students
  - (viii) Backward Community and Scheduled Caste/Scheduled Tribe Students
3. There is no significance difference between the pairs of the college students with respect to
  - i) Muslim and Christian at the 0.05 levels.

ii) Most Backward Community and Scheduled Caste/Scheduled Tribe Students.

iii) Belonging to Joint Family and Nuclear Family at the 0.05 levels.

**Conclusion**

Based on the analysis of the data the investigators concluded that the sex, community and the family type did not play any role in the emotional maturity of the college students. But it is inferred from the Table.1, that the college students belongs to different religious shows significant difference in their emotional maturity.

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