**HEALTH SCIENCE** 



## THE IMPACT OF ECO-FARMED VEGETABLES IN CURING ATTENTION SPECTRAL DISORDERS - A REPROT ON THE NEW TREND

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## Introduction

The food produced from the normal chemical farming which is the most prevalent, commonly practiced method of farming harbors many dangerous and harmful chemicals mostly pesticides which happen to be the inevitable evil input in the current farming methodology. The basic inputs of this farming have many degenerative and deleterious effects, the importance of which are degeneration and poisoning of the soil, accumulation of these chemicals in the food produces, seepage of these chemicals from the soil to the water bodies, leading to the destruction of biodiversity and upsetting the ecological balance of nature. So man in his blind greed and ignorance is invariably poisoning his own species and he alone has to hold himself responsible for the unwarranted irreparable damages he is causing on this noble earth.

The most important of these consequences which needs immediate attention and which should be addressed to as early as possible is the accumulation of the harmful and toxic chemicals, pesticides etc., in the food produces, which has both seen and unseen, highly degenerative effects on the health status of the consumers. The food which is supposed to give us life, in the current reality, is loaded with full of poisonous substances leading to the degeneration of life. It is not really healthy to witness the mushrooming growth of corporate hospitals.

The real pathetic which has never been looked upon is that the so called attention spectral disorder children are true victims for these kinds of vegetables.

Attention Spectral Disorder (ASD) is one the most heart-rending affliction in children. Earlier it was called autism. The children with ASD are termed Special Children. These children are hyperactive, lack attention and do not respond to being called , most of them have speech blocks, hypersensitive to anything from dust and chemicals to what they perceive as negative settings. They have sound mental capabilities and basically are supra-intelligent. They kind of live a life of their own within themselves, unable to communicate their pains and pleasure, not responding to their mothers calling them, unable to express their hunger,

and added to their pains is their inability of even expressing their toilet needs. Earlier they were placed along with the mentally deranged and mistreated. The western medicine offers no regular treatment or cure. Therapists of speech and occupational therapy are the only haven, the problem being the high costs and the strain on the mothers to be physically with the children during the therapy.

The causes of ASD are still not clearly known because of the apathy prevailing in the biomedical sciences towards ASD. Especially, these children so affected by the food materials produced by the chemical farming with pesticides and other chemical farm inputs are vulnerable to allergies and diseases owing to low immunity. Nearly 90% of these children are born in cities indicating the possibility of the urban stress & pollution adding to the detrimental chemicals in the food as the key factors causing ASD births.

The natural pesticide and other chemical free food has high potential of intrinsic medicinal value, and one interesting fact which we realized is that these ASD children have shown very impressive results in no time with the use of pure, pesticide free food produced from core siddha eco biofarming which has been practiced from past 20 years in this part of the country by us and have also treated ASD children in Chennai, India. An year of core-sidhdha treatment, with a rich supply of the eco-vegetables and warranted re-inforcements, has got practically cured to the basic threshold level of normal speech and the children also gained full attention in an outstanding manner.

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