



Impact of water activity and temperature on the growth and aflatoxin production by two toxigenic isolates of *Aspergillus flavus* on ginger

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Received 07 April 2020; Revised 08 June 2020; Accepted 09 June 2020

Abstract

Ginger may be affected by aflatoxin-producing *Aspergillus flavus* during storage. This study evaluated the interaction between different temperatures and water activity (a_w) levels on the growth and aflatoxin production (AFB_1) of two toxigenic isolates of *A. flavus* previously isolated from ginger (AFg) and turmeric (AFt) on ginger medium over a 10-day period. Results showed that regardless of the temperature, no growth was observed at 0.85 a_w and at 20°C and 0.9 a_w , suggesting limits for growth could vary. *A. flavus* had optimum conditions for growth at 0.98–0.995 a_w and 30–35°C in both isolates, while the level of AFB_1 production varied considerably among the isolates. Generally, AFt isolate produced higher concentration of toxins than AFg. Maximum AFB_1 production by both isolates was at 0.98 a_w but at different temperatures. This result could therefore be useful in the post-harvest handling of ginger and ginger-based products in stores against *A. flavus* colonisation and subsequent AFB_1 production.

Keywords: aflatoxin, *Aspergillus flavus*, isolate, lag phase, temperature, water activity

Aspergillus flavus is one of the most important spoilage and toxigenic fungi contaminating food products and may produce aflatoxin B_1 (AFB_1), which could cause cancer in humans (Liu & Wu 2010). Its growth and mycotoxin production has been affected by several factors such as fungal isolates, temperature, water activity (a_w) and post-harvest handling conditions (Magan *et al.* 2004; Park *et al.* 2005; Makun *et al.* 2007; Nguyen *et al.* 2007). Under

environmental stress such as high temperature and limited water conditions, this organism produces higher amounts of aflatoxins (Payne *et al.* 1988; Craufurd *et al.* 2006; Kebede *et al.* 2012). In literature, it has been shown that the optimum temperature and a_w for growth and AFB_1 production by *A. flavus* range between 16 and 31°C and 0.82–0.99 a_w (Pitt & Hocking 2009). The mycelial growth is particularly affected by the incubation temperature and a_w

(Cairns-Fuller *et al.* 2005; Pardo *et al.* 2006; Akbar & Magan 2014). Moreover, in some regions of the world with high temperature and limited water, the contamination of food products with *A. flavus* is becoming a threat to food security (Magan *et al.* 2011). In Nigeria for instance, the rain forest ecological zone is characterized by high temperature and high relative humidity which encourages the growth of *A. flavus*. This zone accounts for large consumption of spices such as ginger, turmeric, garlic, coriander, red chilli etc. and also spice-based products. Due to the growing need for ginger in everyday living of the people of this zone, there is a need to examine the interacting effects of temperature and water activity and their influence on the level of colonization and AFB₁ production on these products especially under the changing climate. This will aid decision making process on the most appropriate management measures to be used in reducing the possible hazards relating to aflatoxin contamination in food products especially spices. The objective of this study was therefore to evaluate the impact of water activity (a_w) and temperature on lag phase prior to growth, growth rate and aflatoxin production of two toxigenic isolates of *Aspergillus flavus* on ginger commonly consumed in the region.

Two aflatoxin producing isolates of *A. flavus* previously isolated from ginger (AFg) and turmeric (AFt) respectively, found to produce AFB₁ were used in the study. Confirmation of toxin production was done on a mycotoxin conductive Yeast Extract Sucrose agar medium (YES, Oxoid Ltd., UK) as used by Okereke & Godwin-Egein (2018) and the quantification was done using HPLC.

A standard media of 5% milled ginger agar (50 g of ginger powder + 10 g of technical agar + 0.16 g of chloramphenicol + 1000 mL of distilled H₂O) was used in the study. Water activity treatment levels of 0.85, 0.90, 0.93, 0.95, 0.982 and 0.995 were derived by adding increasing amounts of glycerol and verified with the a_w

meter (Aqualab, Decagon devices, Inc., USA). The inocula of *A. flavus* was prepared from 6-day-old cultures (6-day-old mycelia + 9 mL sterile water supplemented with 0.05% (w/v) Tween 80) grown on Malt Extract Agar (MEA) at 25°C. After the solidification of the media in the plates, they were centrally inoculated at one point with 2 μ L of the inoculum of each of the isolates of *A. flavus* for each treatment. After inoculation, the Petri plates were sealed with parafilm tape and kept in closed polyethylene bags at the tested incubation temperatures (20, 25, 30, 35 and 37°C). Each treatment was carried out in triplicate.

Assessment of fungal growth rate was done daily during the 10-day incubation and colony diameter was measured in two directions at right angles to each other (Marin *et al.* 1996). Lag phase (days, λ) and mycelia growth rate (mm/day, μ) for each combination treatment were calculated from linear regression slopes of the growth curves by equalling the regression line formula to the original inoculum size (diameter, mm). This was derived mathematically as follows;

$$y = ax + b$$

Where, y=original inoculum size (2 mm); a=growth rate; x=lag phase

After 10 days of incubation, plugs were taken from each plate using a 4 mm cork borer into Eppendorf tubes and stored at -20°C for aflatoxin analysis. The procedure of Abdel-Hadi *et al.* (2010) was used in the aflatoxin extraction. Extraction was done with 0.75 mL of 100% methanol by shaking thoroughly for 1 h at 150 rpm at 25°C in an orbital shaker. The extract was transferred to Eppendorf tubes and completely dried at 45°C in a speed vacuum in the dark. Samples were dissolved in 1 mL of methanol: water (50:50), vortexed and filtered with 0.22 μ m filter (Kromega, Jaytee Biosciences Ltd., UK) into sylinazed HPLC vials using 1 mL syringes

(Terumo Medical Corporation, UK). The HPLC used was an Agilent 1200 Series system (Agilent, Berkshire, UK) with a fluorescence detector (FLD) (Millipore Waters, Corporation Massachusetts USA), at excitation and emission wavelength of 365 and 440 nm respectively. The flow rate of the mobile phase (methanol/water/acetonitrile, 30/60/15, v/v/v) was 1 mL min⁻¹ and the run time was 12 min. Separation was achieved through the use of a C₁₈ column (Poroshell 120 EC-C18 4.6 × 100 mm, 2.7 µm) preceded by a Phenomenex Gemini C₁₈ 3 mm, 3 µm guard column.

The experiment was laid out in 5 × 6 factorial completely randomised design (CRD), replicated three times for each isolate. Statistical analysis was performed using Genstat 16th Edition; VSN industrial Ltd, UK for normally distributed data. Comparisons were considered significantly different at 5% probability level and below for all single and interacting treatments.

Results showed that when limited water conditions and temperature changes were imposed, the time prior to growth (lag phase) increased in both isolates. Longest initial lag phase was observed at 20°C at 0.93 a_w (> 5 days), while the shortest lag phase was at 0.982–0.995 a_w at 20–37°C (<1 day) for the two isolates (Fig. 1).

Overall both *A. flavus* isolates had similar environmental behaviour in relation to the imposed treatments of a_w and temperature with maximum growth occurring approximately at 0.95–0.995 a_w and 30–37°C. Some workers have suggested that *A. flavus* can grow slowly at high temperature (40°C) (Somjaipeng & Ta-uea 2016) and the tolerance of these isolates to 37°C in the present study was influenced by the water activity of the medium. With regards to the effect of the imposed temperatures, the observed higher growth rate of the two isolates of *A. flavus* at optimum temperature of 30–35°C at almost all a_w levels used is supported by the fact that

the tolerance of the fungus to low a_w occurs at optimum incubation temperature (Aldred 1999; Magan 2007; Somjaipeng & Ta-uea 2016). Tolerance to low a_w was not isolate dependant as the two isolates showed optimal growth at 30–35°C. Also, regardless of the incubation temperature, no growth was observed at 0.85 a_w and 0.9 a_w at 20°C, suggesting limits for *A. flavus* growth could vary in ginger and ginger-based products (Fig. 2).

The level of AFB₁ production by the two AF-producing isolates varied significantly (P<0.001) and isolate AFt produced higher concentration of toxins than isolate AFg (Fig. 3). Maximum AFB₁ production by both isolates was obtained at 0.98 a_w but at different temperatures, emphasizing the importance of temperature in the *A. flavus* colonization of food products. For isolate AFg, the highest AFB₁ production of 40 ng g⁻¹ of agar was obtained at 20°C, while AFt, had maximum production of 244 ng g⁻¹ of agar at 30°C. Lahouar *et al.* (2016) observed maximum AFB₁ production of 266 ng g⁻¹ at 0.97–0.99 a_w by *A. flavus* in sorghum seeds. Giorni *et al.* (2007), Abdel-Hadi *et al.* (2010) and Mousa *et al.* (2011) also observed that the optimal conditions for AFB₁ production by *A. flavus* ranged from 25–30°C and 0.96–0.99 a_w. This variation in the optimal conditions including the one found in the current study has been attributed by many workers to the culture media used and the nature of the fungal isolate (Klich *et al.* 2007; Gallo *et al.* 2016). Analysis of variance showed that the main effect of a_w and temperature and a_w × temperature effect were significant (P<0.001). Lag phases and growth rate were different especially for 0.90 and 0.93 a_w at 20–25°C. No difference was found between 0.982 and 0.995 a_w at all the tested temperatures. For each isolate, there was significant (P<0.001) influence of a_w and temperature on AFB₁ production as the optimum conditions for AFB₁ production varied considerably.

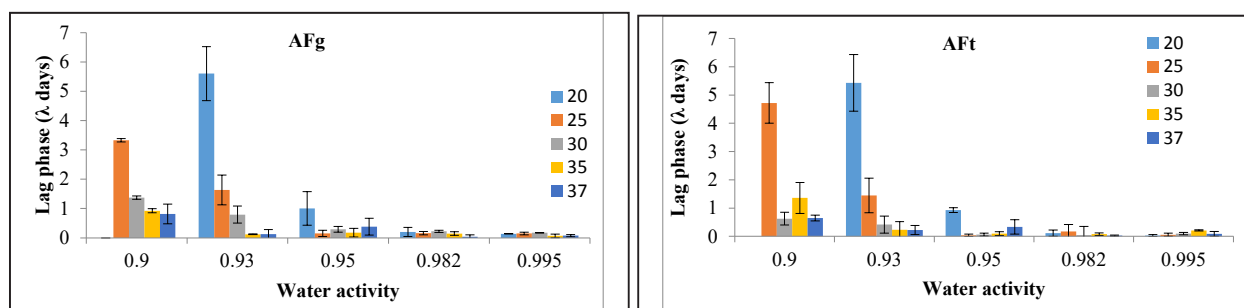


Fig. 1. Effect of temperature regimes and water activity (a_w) levels on the lag phases prior to growth of two isolates of *A. flavus* (AFg & Aft) on ginger-based medium after 10 days of incubation

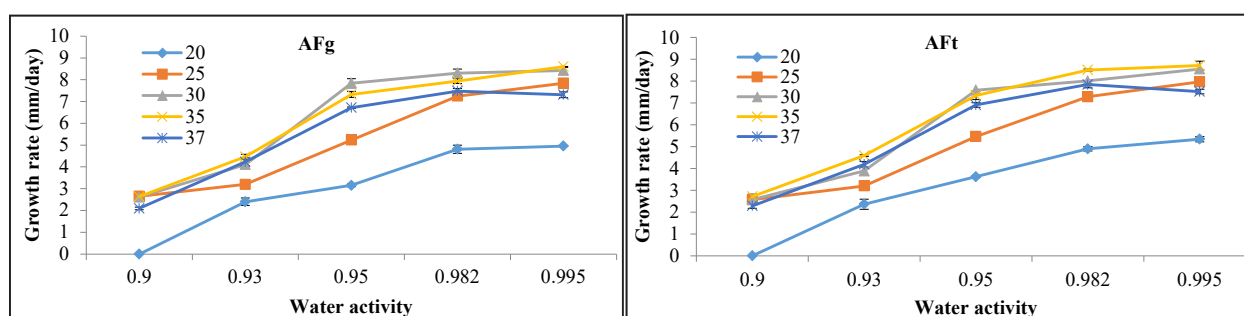


Fig. 2. Effect of temperature regimes and water activity (a_w) levels on the relative growth rates of two isolates of *A. flavus* (AFg & Aft) on ginger-based medium after 10 days of incubation

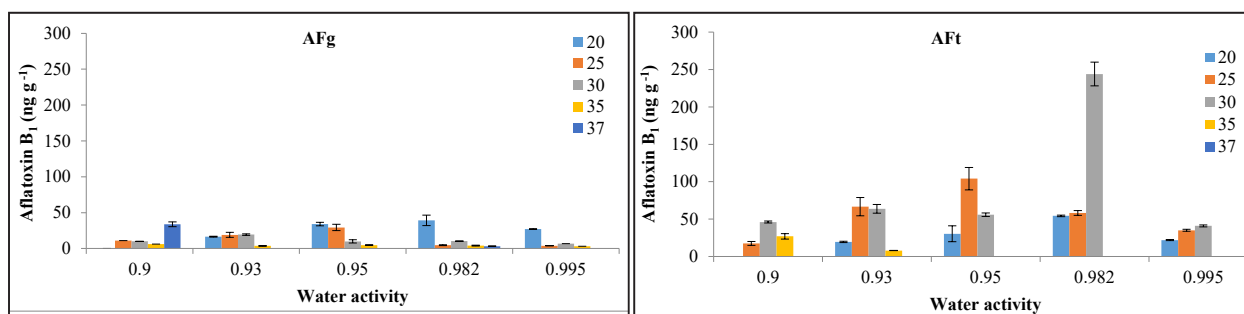


Fig. 3. Effect of temperature regimes and water activity (a_w) levels on AFB₁ production of two isolates of *A. flavus* (AFg & Aft) on ginger-based medium after 10 days of incubation

The ecophysiological growth pattern of two *A. flavus* isolates of Nigerian origin to interacting effect of temperature and water activity levels on ginger was evaluated in the current study. The optimum conditions for *A. flavus* growth was 0.95–0.995 a_w and 30–35°C for the two isolates, while the level of AFB₁ production

among the isolates varied considerably. Both isolates produced maximum AFB₁ at 0.98 a_w temperatures of 20°C and 30°C were optimum for isolates AFG and AFT, respectively. This result could therefore be useful in the post-harvest handling of ginger and ginger-based products in stores against *A. flavus* colonisation and subsequent AFB₁ production.

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